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# CONVERGENCE AND A CASE OF PULMONARY ANGIOSARCOMA

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## INTRODUCTION

Case reports are a time-honored way for physicians to share knowledge in cases that are especially rare, interesting, or instructive. A case report typically involves only the care of one patient and therefore often appears to represent an isolated endeavor. Most cases, however, are not isolated events but rather a convergence of multiple forces. To illustrate this, I have received permission from a patient to identify him in this case discussion.

"Convergence" is defined in *The American Heritage Dictionary of the English Language* as "the act, condition or quality of converging or approaching the same point from different directions; tend towards a meeting or intersection." This case report is a story of extraordinary convergence, of people and places, of hope and happiness.

### THE INITIAL DIAGNOSIS

In October 2005, I received a call from a former resident now on staff at M.D. Anderson Cancer Center, Dr. David Rice. He had received information and studies on a patient in New Zealand dying from a pulmonary artery sarcoma that had been deemed unresectable in both New Zealand and Australia. David asked a simple question: "What can we do?"

The patient, Bryan Hodder, was at the time a 74-year-old retired farmer in New Zealand. Having spent a lifetime working hard so that others could eat, Bryan and his wife Lois were looking forward to travel and family. In June 2004, he noticed his first symptoms of wheezing when he lay on his left side in bed. He had also developed a slight but persistent cough. Bryan and Lois were to leave soon on a long-awaited eight-week overseas vacation. Before leaving, Bryan visited his family physician, who diagnosed asthma and gave him an inhaler to take with him on his trip. He noticed increasing fatigue leading up to his trip but attributed this to doing too much in preparation for leaving. By the second week of their vacation tour, despite having been a very vigorous man all his life, Bryan was having trouble keeping up. By week four in Copenhagen, his cough was much more insistent and his wheeze clearly audible. A call to the hotel

doctor resulted in a phone diagnosis of asthma and a prescription for inhalers and cough medicine. A week later in Dover, he was seen by a physician who wrote more prescriptions and asked to see him the following day. Because the tour was leaving, however, this was not possible, and Bryan soldiered through the end of the tour with increasing fatigue. The day after his return, his physician ordered a chest X-ray, and the result was unremarkable: although he had never smoked, and despite several bronchoscopies, no one could explain the shadow in his lung. In fact, he became known at the Christchurch Hospital as "the mystery man."

Consultation was arranged with Mr. Singh, the local cardiothoracic surgeon, who finally provided him with a diagnosis - a sarcoma of his left pulmonary artery. Mr. Singh told him that his sarcoma was unresectable, and follow-up opinions from experts in Auckland and Australia concurred. Radiation therapy was started as palliation for the tumor, which had occluded the blood supply to his left lung and threatened the blood supply of his right lung. Told that his tumor was incurable, his family braced itself for what appeared to be the inevitable end.

Eventually, the Hodders received a fax from a niece who had searched the Internet and found some information on cardiac tumor work being

done at the M.D. Anderson Cancer Center and The Methodist DeBakey Heart & Vascular Center, both in Houston's Texas Medical Center. Bryan initially chose not to pursue this as he feared another disappointment and had already prepared himself for the worst. Then his family physician, Dr. John Cook, told him, "You have nothing to lose; there's nothing else here in New Zealand or Australia. Let's give it a try." Bryan agreed, and the call was made to Houston.

### A CASE OF EXTRAORDINARY CONVERGENCE

Dr. David Rice emigrated from Ireland to pursue a career as a thoracic surgeon specializing in thoracic oncology. He planned to do a surgery residency at The Mayo Clinic. At the time, I served as program director of the Baylor College of Medicine Cardiothoracic Surgery residency and had worked with Dr. Jack Roch, chief of thoracic surgery at M.D. Anderson Cancer Center, to create a "general thoracic" spot within the Baylor cardiothoracic residency - an approach that was subsequently embraced by the thoracic surgery residency review committee and led to formalized "thoracic" and "cardiac" tracks within cardiothoracic residencies. Offering Dr. Rice a spot at Baylor with additional time at M.D. Anderson, Jack