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## Kudos to Karla Kurrelmeyer, M.D., for Guiding this Issue on Women and Cardiovascular Disease

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Karla Kurrelmeyer, M.D.

The editors of the *Methodist DeBakey Cardiovascular Journal* extend their deepest gratitude to guest editor Karla Kurrelmeyer, M.D., for her expert guidance in producing this issue on women and cardiovascular disease. Dr. Kurrelmeyer is the medical director of the Methodist DeBakey Cardiology Associates, an associate professor of Weill Cornell Medical College and New York Presbyterian Hospital, and a member of the Houston Methodist DeBakey Heart & Vascular Center.

A native of Wisconsin, Dr. Kurrelmeyer earned her medical degree from the University of Minnesota Medical School in Minneapolis and went on to complete her residency at Barnes-Jewish Hospital/Washington University Medical Center in St. Louis, Missouri. She then moved to Houston, Texas, to complete a cardiology fellowship at Baylor College of Medicine, where she began her research activities and was later appointed an assistant professor of medicine.

As a clinical cardiologist, Dr. Kurrelmeyer has a particular interest and expertise in the prevention and treatment of cardiovascular disease in women. This interest also carries over to her research, which focuses on noninvasive stress testing for the detection of coronary artery disease and congestive heart failure in women as well as lipid management, hormone effects, and platelet function in women.

Dr. Kurrelmeyer is board certified in internal medicine, cardiovascular disease, and adult comprehensive echocardiography, is a fellow of both the American College of Cardiology and the American Society of Echocardiography, and is a member of the American Medical Association and the American College of Physicians. A frequent publisher, Dr. Kurrelmeyer is often featured in regional publications, local television, and radio programs discussing awareness, prevention, and treatment of heart disease in women. She also is the recipient of several honors, having been awarded a certificate of appreciation from the Lions Worldwide Women's Symposium, the American Heart Association Melvin L. Marcus Young Investigator Award in Cardiovascular Science, and Baylor College of Medicine's Best Basic Research Award and named a top doctor by the *U.S. News & World Report* and by the peer-nominated Castle Connolly Top Doctors report.